



GOVERNMENT OF GUÅHAN



DEPARTMENT OF PUBLIC HEALTH AND SOCIAL SERVICES

DIPATTAMENTON SALUT PUPBLEKO YAN SETBISION SUSIAT

123 Chalan Kareta, Mangilao, Guåhan 96913-6304

Felix P. Camacho
Governor

Michael W. Cruz, M.D.
Lieutenant Governor

J. Peter Roberto, A.C.S.W.
Director

AUG 13 2010

2010 AUG 17 AM 8:48
WWR

Honorable Speaker Judith T. Won Pat, Ed.D.
I Mina' Trenta Na Liheslaturan Guåhan
30th Guam Legislature
Suite 201
155 Hesler St.
Hagåtña, Guam 96910

36-10-670
Office of the Speaker
Judith T. Won Pat, Ed. D.
Date: 8/13/10
Time: 4:20
Received by: [Signature]

Dear Honorable Speaker Won Pat:

Buenas yan Saluda! In accordance with Public Law 17-35, enclosed is a copy of the 2010 Senior Citizens Month Report which includes an expenditure of funds appropriated for this operation.

Thank you for your support of our senior programs.

Should you have any questions, you may contact Mr. Arthur U. San Agustin, MHR, Senior Citizens Administrator at 735-7011.

Senseramente,

[Signature]
PETER ROBERTO, ACSW
Director

Enclosure



AgeStrong! LiveLong!

Na'metgotIdât-mu! Na'ma'okLinalâ-mu!

Senior Citizens Month Report

The Department of Public Health and Social Services (DPHSS), Division of Senior Citizens (DSC) coordinated various events for Senior Citizens Month 2010, which is observed annually in the month of May. As mandated by Public Law 17-35, this report is submitted to the 30th Guam Legislature to report on activities and expenditure for Senior Citizens Month 2010.

The theme for the month long celebration, “*AgeStrong! LiveLong!*,” translated into the Chamorro language, “*Na'metgotIdât-mu! Na'ma'okLina'lâ-mu!*,” was derived from the official theme for the nation’s celebration of Older American’s Month 2010, as developed by the U.S. Department of Health & Human Services, Administration on Aging.

To plan and coordinate all Senior Citizens Month activities, DSC appointed staff to serve as co-chairs and a Central Planning Committee (CPC) was created and convened at the office of the Division of Senior Citizens on January 14, 2010. Thereafter, the CPC met once a month until April 2010. Members of the CPC included representatives from government agencies and departments, private and non-profit entities, to include DSC; Catholic Social Service (CSS), GovGuam Association of Retired Persons/Servicio Para I ManAmko (GGARP/SPIMA); Guam Fire Department; S. H. Enterprises Inc. who is the new vendor for the Elderly Nutrition Program (ENP); Law Offices of Gary Wayne Francis Gumataotao; Mayor’s Council of Guam; National Family Caregiver Support Program of the University of Guam (NFCSP/UOG); 30th Guam Legislature and St. Dominic’s Senior Care Home.

The CPC developed a calendar of events, listing 12 events, arranged in chronological order by date, activity, sponsoring organization, venue and time. The calendar of events is as follows:

DATE	ACTIVITY	SPONSORING ORGANIZATION	LOCATION/TIME
April 27 Tuesday	Senior Citizens Month Proclamation Signing	Office of the Governor, Department of Public Health & Social Services – Division of Senior Citizens, GovGuam Association of Retired Persons, Inc./Servicio Para I ManAmko (GGARP/SPIMA)	Dededo Senior Citizens Center 11:00 am – 1:30 pm
April 28 Wednesday	Volunteer Appreciation Banquet	Department of Public Health & Social Services – Division of Senior Citizens	Guam Marriott Resort and Spa The View, Tumon 11:00 am – 1:30 pm
May 5 Wednesday	Frail Elderly Mass	Catholic Social Service (CSS)	Catholic Social Service, Conference Room, Barrigada 11:00 am – 1:30 pm
May 11 Tuesday and May 12 Wednesday	36th Annual Governor’s Conference on Aging	Office of the Governor, Department of Public Health & Social Service – Division of Senior Citizens, Kloppenburg Enterprises, Inc.	Guam Marriott Resort and Spa, Tumon 8:00 am – Pre-Conference Activities 9:30 am – Conference 2:00 pm – Post-Conference Activities
May 13 Thursday	May Crowning	St. Dominic’s Senior Care Home	St. Dominic’s Senior Care Home, Barrigada Heights 11:00 am – 1:00 pm

May 14 Friday	National Family Caregiver Support Program – Open House	National Family Caregiver Support Program University of Guam, Division of Social Work	House #27 and # 31 Dean’s Circle UOG Station, Mangilao 8:00 am – 5:00 pm
May 19 Wednesday	Legislative Reception: Senior Talent Show	30 th Guam Legislature	UOG Fieldhouse, Mangilao 10:00 am – 2:00 pm
May 21 Friday	Centenarian Recognition Celebration	Office of the Governor, Office of the First Lady, Department of Public Health & Social Services – Division of Senior Citizens, Law Offices of Gary Gumataotao, S.H. Enterprises, Inc., and GovGuam Association of Retired Persons, Inc./Servicio Para I ManAmko (GGARP/SPIMA)	Government House, Agana Heights 11:00 am – 1:00 pm
May 24 Monday	Senior Citizens Center – Open House, Northern Region	GovGuam Association of Retired Persons, Inc./Servicio Para I ManAmko (GGARP/SPIMA)	Locations: Astumbo, Dededo, and Yigo 10:00 am – 2:00 pm
May 26 Wednesday	Senior Citizens Center – Open House, Central Region	GovGuam Association of Retired Persons, Inc./Servicio Para I ManAmko (GGARP/SPIMA)	Locations: Agana Heights, Mangilao, Sinajana, and Tamuning 10:00 am – 2:00 pm
May 28 Friday	Senior Citizens Center – Open House, Southern Region	GovGuam Association of Retired Persons, Inc./Servicio Para I ManAmko (GGARP/SPIMA)	Locations: Agat, Inarajan, Merizo, Santa Rita, and Yona/Talofofo 10:00 am – 2:00 pm
May 28 Friday	Evening Dinner “Seniors Disco Fever”	S.H. Enterprises, Inc.	Seafood Chef Restaurant, Tamuning 6:30 pm – 9:30 pm

The CPC ensured that optimal accessibility by senior citizens to all events was coordinated safely and where possible, special accommodations were also arranged for those requiring such. The schedule of events was published in the Marianas Variety Newspaper on April 27 and 30, 2010. Representatives from the Division of Senior Citizens and the Senior Citizens Month Central Planning Committee were guests on KUAM News Weekend Edition with Michele Catahay in April 2010. Representation from SCM CPC also occurred on the radio at KPRG Public Radio, Isla Health Talk with Karen Cruz, and Making a Difference for Women with Karen Carpenter; these were pre-taped shows that aired several times in April and May 2010. On April 16, 2010 on KTKB 101 Megamix Damdaming Pinoy Show DSC representatives spoke live about SCM activities in English and Tagalog.

DSC also promoted participation of Senior Citizens Month events by displaying outdoor vinyl banners proclaiming the month of May as Senior Citizens Month in the villages of Chalan Pago, Dededo, and on billboard at the Paseo Loop. This year a banner was also displayed in the front of the Division of Senior Citizens.

DSC also promoted participation of events, particularly, the Centenarian Recognition Event through the placement of a virtual banner in the homepage of the Department of Public Health and Social Services. The banner requested for the public’s assistance in identifying prospective centenarians (senior citizens whose primary residence is Guam and turning 100 years old or older in 2010) who would be interested in celebrating their longevity as an event with Senior Citizens Month. A call for centenarians through DPHSS Press Release No. 2010-007 was sent to

the media on February 11, 2010. The Pacific Daily Newspaper announced the press release in their February 13, 2010 publication.

HIGHLIGHT

Highlights of Senior Citizens Month 2010 were the Proclamation Signing Event, the 36th Annual Governor's Conference on Aging, and the Centenarian Recognition Celebration.

Proclamation Signing

The Honorable Governor Felix P. Camacho signed Proclamation 2010-040 on Tuesday, April 27, 2010 at the Dededo Senior Center, officially designating the month of May 2010 as Senior Citizens Month. Since 2006, the proclamation signing events have taken place at senior citizens centers to allow senior participants to contribute and enjoy in the celebration that kick's off Senior Citizens Month. The participants were very involved in the planning and decorating of the center for this event. It was attended by senior center participants from Dededo, representatives of the Senior Executive Council, members of the Rai Yan La Raina 2009 Royal Court, past members of the Royal Court who are Dededo Senior Center participants, DPHSS staff, DSC staff, members of the Aging Network (CSS, GGARP/SPIMA, S.H. Enterprises, Inc.), and representatives of the Mayor's Council of Guam and the Dededo Mayor's Office. Food was provided by the Elderly Nutrition Program for the seniors who attended the event. The Mayor's Council of Guam generously hosted a luncheon for the other guests who attended the Proclamation Signing.

Volunteer Appreciation Banquet

The Division of Senior Citizens sponsored a Volunteer Appreciation Banquet at the Guam Marriott Resort and Spa on Wednesday, April 28, 2010 to recognize seniors who volunteer for the Guam Medicare Assistance Program and the Guam Senior Medicare Patrol Program. A total of 12 volunteers were honored during this event. Also recognized for their contribution were the numerous organizations that partner with Guam MAP and Guam SMP to provide a valuable service to our islands senior citizens.

Governor's Conference on Aging

The 36th Annual Governor's Conference on Aging (GCOA) was held on two different days on Tuesday, May 11, 2010 and Wednesday, May 12, 2010 at the Guam Marriott Resort & Spa.

Planning and coordination for this year's conference was led by the Division of Senior Citizens (DSC). The program was fashioned to present information that echoed the theme of *AgeStrong! LiveLong!* The conference activities and presentations highlighted exercise, nourishment, and protecting yourself.

The conference was held on two (2) different days to accommodate the increasing number of participants at this annual conference. Senior Center participants from Agana Heights, Agat, Dededo, Inarajan, Mangilao, Merizo, Yona/Talofof, and Adult Day Care- Guma Ginefl'e, attended the May 11th event, and Senior Center participants from Astumbo, Santa Rita, Sinajana, Tamuning, Yigo, and the Adult Day Care North attended on May 12th. Both days were open to the general public. A total of 661 seniors attended the conference. Each registered participant

received a complimentary conference bag filled with Title III Aging Program information, a conference program, and a pen.

The Senior Citizens Administrator conveyed conference remarks as well as to welcome the seniors to the annual conference. The Honorable Michael W. Cruz, Lt. Governor of Guahan delivered the keynote address each day before the conference presentations began in the morning. On the second day of the conference he was accompanied by his youth counterpart as part of Island Leadership Day who also provided remarks.

Activities for each conference day was planned in three (3) parts; a Pre-Conference to accommodate the early birds, the Conference, for all participants and Post-Conference for those waiting for transportation or interested in getting more information from conference exhibitors. This novel approach taken during this year's conference kept participants engaged and involved.

The conference utilized different forums to impart valuable information to the participants through presentations, panel discussions, exhibits and a trivia game.

The presentations were as follows:

Protecting Yourself Against Identity Theft and Scams, presented by Ms. Bernie Alvarez, Consumer Advocate, Office of the Attorney General.

Hoarding presented by Social Workers from the Bureau of Adult Protective Services.

The panels were as follows:

Age Strong! Live Long! Panel –

Diabetes and High Blood Pressure Management, Pain Management, and Medication Management with Mr. Bryan Cauley, Office Manager Guam Nursing Services, *Pain Management* with Ms. Stephanie Taijeron, R.N., B.S.N., Case Manager Health Services of the Pacific, *Medications Management* with Ms. Glynis Almonte, R.N., B.S.N., Administrator/Clinical Director, Guam Visiting Nurses.

Nourishment for the Mind, Body, and Soul Panel –

"The Mind in Motion" presented by Mrs. Evelyn Anselmo, *"Keeping Fit as we Age"*, presented by Mr. and Mrs. Edward Cenzone, and *"Volunteerism: A Soup for the Soul"*, presented by Mr. and Mrs. Romolo Pellacani.

During lunch division staff facilitated a "Trivia Game." Participants from the different centers were encouraged to partake in the game that challenged contestants' memory and knowledge about Hollywood, History and the Pacific Region. Additionally, in tune with the conference theme, a "Walk a Mile" DVD presentation facilitated by Ms. Jennifer Holbrook occurred just before the afternoon sessions.

As in prior conferences, a relaxation room was available to provide free beauty services such as facials, massages, manicures, pedicures, or hair cuts or styles. Mariacy Beauty Academy students

and instructors generously gave of their time to over one hundred (100) seniors who randomly received coupons in their conference bags.

Participants also benefitted from UOG Art Class instructor Mr. Ric Castro and three (3) of his students who spent about two and a half hours on May 11 drawing caricatures of about forty (40) seniors who had randomly received coupons in their conference bag.

Frail Elderly Mass and May Crowning

The May Crowning and the Frail Elderly Mass are events hosted annually by the St. Dominic Senior Care Home and Catholic Social Service respectively. Both events are coordinated to accommodate approximately one hundred people to include frail elderly participants, their families and/or caregivers and members of the Aging Network.

The May Crowning event was a Catholic mass and a presentation of floral bouquets to the Blessed Mother, which was held on Thursday, May 13, 2010 at the St. Dominic's Senior Care Home in Barrigada from 11:00 a.m. to 1:00 p.m.

The Frail Elderly Mass was another Catholic mass held on Wednesday, May 5, 2010 at Catholic Social Service in Barrigada from 11:00 a.m. to 1:30 p.m.

Immediately following each event, organizers provided nourishment for their guests.

National Family Caregiver Support Program – Open House

A new addition to the SCM activities, NFCSP used Senior Citizens Month as a venue to showcase the services it provides to seniors, persons with disabilities and their families and/or caregivers. The event was held on Friday, May 14, 2010. The DSC supported this event by attending the Open House.

Legislative Reception

On Wednesday, May 19, 2010, the 30th Guam Legislature sponsored the “Senior Talent Show” at the University of Guam Fieldhouse from 10:00 a.m. to 2:00 p.m. Seniors from the 12 Senior Citizens Centers participated in this event. Seniors were invited prior to the event to join a talent contest to showcase their skills in singing and dancing. As part of the Senior Talent Show there were raffle prizes given away and opportunities for the seniors to dance to the music of a live band. Funding for this event was through the Guam Legislature.

Centenarian Recognition Celebration

To honor island centenarians, the Centenarian Recognition Celebration was held at the Government House in Agaña Heights on Friday, May 21, 2010. The event recognized five (5) of our island's oldest *manamkos*, Mrs. Florentina M. Guarin† (October 16, 1908 - March 18, 2010) formerly from Yigo; Mrs. Magdalena B. Lizama (July 22, 1909) and Mrs. Emma S. Laguana (September 10, 1909) both from Barrigada, Mr. Melchor D. Ponce (January 6, 1910) from Tamuning, and Mrs. Maria N. Mantanona (May 9, 1910) from Inarajan.

The luncheon event included Acting Governor of Guåhan Michael W. Cruz, M.D., Mrs. Jennifer Cruz, Fr. Paul Gofigan, Mayor of Inarajan Franklin Taitague, Vice-Mayor of Barrigada June Blas, and family members of the honored centenarians.

The Division of Senior Citizens in partnership with the Office of the Governor, Office of the First Lady received contributions and support from the following individuals and organizations:

	ORGANIZATION/INDIVIDUAL	CONTRIBUTION PROVIDED
1.	The Office of the Governor, Office of the First Lady, Government House Management and Staff: Nilo Vega, Dolores Sianoya, Tina Chofat, Violet Tinoso, Harlen Felesiano, Christopher Flores, Angeline Barcinas, and Mercedes Ching	Government House Facilities and Staff, Individual Celebrant Cakes, Gift Certificates for Celebrants to: Shirley's Restaurant, Payless Supermarkets, S.H. Enterprises, Inc.
2.	Father Paul Gofigan, Pastor, Santa Barbara Parish	Blessing of Centenarians
3.	Mayor of Inarajan, Franklin Taitague	Menu Contribution
4.	Mayor of Barrigada, Jessie Palican and Vice-Mayor of Barrigada, June Blas	Menu Contribution and presented certificates to Centenarian Constituents with a gift basket
5.	Mayor of Yigo, Robert Lizama	Menu Contribution
6.	Mayor of Tamuning-Tumon-Harmon, Francisco C. Blas	Menu Contribution
7.	Bank of Guam	Dusters and Linens
8.	Catholic Social Service	Air Mattress
9.	Cost-U-Less	Adult Diapers and Baby Wipes
10.	Crown Bakery	Menu Contribution
11.	Department of Public Health and Social Services Employee Association	Logistical Support
12.	GovGuam Association of Retired Persons/Servicio Para I ManAmko	Logistical Support; Under Pads and Towels
13.	Guam Fire Department	Emergency Support
14.	Guam Marriott Resort and Spa	Menu Contribution; and Gift Certificate
15.	Guam Sunshine Lions Club	Wicker Baskets and Lotions
16.	Jamaican Grill Restaurants	Menu Contribution
17.	Kloppenburg Enterprises, Inc.	Wheelchair
18.	Law Office of Gary Wayne Francis Gumataotao	Linens, Towels, Dusters, Award Frames, Bio-Data Frames, Crystal Vases for Award, Menu Contribution, and assisted with Floral Arrangement
19.	Lucky Supplies	Menu and Celebrant Contribution
20.	Market Wholesale and Distributors, Inc.	Menu and Celebrant Contribution
21.	Palau Softball League	Menu and Celebrant Contribution
22.	Payless Supermarkets	Gift Certificates
23.	Pepsi Cola Guam	Menu Contribution
24.	S.H. Enterprises, Inc.	Menu Contribution and Gift Certificates
25.	Shirley's Restaurant	Gift Certificates
26.	Sunny Wholesale	Latex Gloves
27.	Tri Vision Media Group	LED Billboard Outdoor Advertising

Senior Citizens Center – Regional Open House

During the last week of the month of May, Senior Center Operations showcased the twelve centers regionally. Each center held different activities such as talent shows, cooking demonstrations, arts and crafts, plant sales to include music and dancing. Various DSC staff attended the different Open House across the island.

The Evening Dinner

The new Elderly Nutrition Program Vendor, S. H. Enterprises, Inc. sponsored a "Senior Disco Fever" dinner and dance for senior citizens on Friday, May 28, 2010 from 6:30 – 9:30 p.m. at the Seafood Chef Restaurant, Tamuning. This year's event provided dinner, door prizes, a dance competition and an evening of dancing with music provided by a DJ.

SENIOR CITIZENS MONTH 2009 EXPENDITURE

Out of the \$15,000 appropriated for Senior Citizens Month 2010, \$14,999.65 of the budget was spent. The total cost of the 36th Annual Governor's Conference on Aging (GCOA) was augmented through other program funding which included the Guam State Health Insurance (Assistance) Program, Elder Abuse Prevention, Disease Prevention Health Promotion, and Medications Management programs.

SENIOR CITIZENS MONTH 2010 EXPENDITURE REPORT				
DESCRIPTION OF ACTIVITY	PAYEE	COST	FUNDING	BALANCE
Appropriation amount for Senior Citizens Month: Total Beginning Balance			\$ 15,000.00	\$ 15,000.00
Venue Allocation to Elder Abuse Prevention at 14.3%			\$ 2,350.34	\$ 17,350.34
Venue Allocation to Disease Prevention Health Promotion at 17.9%			\$ 2,937.93	\$ 20,288.27
Venue Allocation to Medications Management at 2.4%			\$ 391.72	\$ 20,679.99
Facility Rental: (GCOA Venue for two days for 350 participants a day.)	Guam Marriott Resort and Spa	\$ 16,452.40		\$ 4,227.59
GCOA Allocation to Guam SHIP for conference bags		\$ 3,872.18	\$ 3,872.18	\$ 4,227.59
Newspaper Print Advertisement: GCOA and Healthy Generations Venue Invitation for Bid GSA-068-10 (Date: 3/26/10)	Marianas Variety News	\$ 96.00		\$ 4,131.59
Newspaper Print Advertisement: Four half-page ads for SCM Calendar of Events and GCOA Registration (Dates: 1 ea 4/27/10, 2 ea 4/30/10, and 1 ea 5/31/10)	Marianas Variety News	\$ 1,800.00		\$ 2,331.59
Printing of 36th Annual GCOA Booklets (650 pieces)	Elite Printing	\$ 570.00		\$ 1,761.59
GCOA, Centenarian, and Senior Citizens Month Office Supplies and Materials.	National Office Supply, Standard Office Supplies, Guam Modern Office Supplies, and General Services Agency Tendan Gubetnu	\$ 1,393.69		\$ 367.90
American Walnut Base with Felt and Etching for Guåhan Centenarian Recognition.	Promotion Specialties	\$ 367.55		\$ 0.35
TOTAL COSTS		\$ 24,551.82		
			TOTAL FUNDING	\$ 24,552.17
REMAINING BALANCE				\$ 0.35

Conclusion

The 2010 Senior Citizens Month activities would not have been possible without the support and collaboration from government, private and public community-based organizations, home and health care organizations and businesses, non-profit organizations and Aging Network service providers and vendor.

Each planned Senior Citizens Month event took a tremendous amount of planning and coordination to achieve this year's successful turnout as evident by our networking capacity to increase event coordination and sponsorship.

Guam's expanding older adult population also spotlights our responsibility to ensure the well-being of our older citizens. As the agency with oversight on Aging, we will continue to diligently address older adults' health care challenges. It is our Division's mission to continue to provide opportunities to increase awareness to our island *manamko* on issues important to them, to engage them in modernizing their system of home and health care and to provide them with greater control of their lives.

As plan for next year's Senior Citizen's Month activities be rest assured that the DSC is fully committed to ensuring our senior population continues receiving services they need and most assuredly deserve throughout the year. The DSC looks forward to the propitious collaboration with the Guam Legislature and other key CPC Partners as we celebrate our island's *manamko* in May 2011.